

## SUMMARY

### REQUEST FOR SERVICES NO. 7

### WELLNESS CENTERS / CLIENT-RUN CENTERS

<b>Description</b>	<p>RFS No. 7 consists of two distinct programs: Wellness Centers and Client-Run Centers.</p> <p><u>Wellness Centers</u> managed by professional staff, with at least 50% mental health consumer staffing, serve mental health clients and provide client-run services with adjunctive professional support, emphasizing activities geared toward wellness, recovery, healthy living and community integration. These services are geared primarily, although not exclusively, toward clients at higher stages of recovery. These Centers may be co-located in a mental health outpatient center, located in a multi-service center or free-standing in the community. Wellness Centers are designed to offer options to clients who no longer need the intensive services offered by the Full Service Partnership (FSP) programs or traditional adult outpatient services and who are ready to take increasing responsibility for their own wellness and recovery.</p> <p><u>Client-Run Centers</u> serve mental health clients and are 100% staffed and managed by mental health consumers and, potentially, family members, with a wide array of self-help groups, peer support services, educational/ social/recreational activities and linkage services. Although these Centers may be co-located in a mental health outpatient center, it is anticipated that most will be free-standing or located in a multi-service center. Client-Run Centers are designed to offer options to clients who no longer need the intensive services offered by the Full Service Partnership (FSP) programs or traditional adult outpatient services and who are ready to take increasing responsibility for their own wellness and recovery.</p>																		
<b>Target Population</b>	<p>The Wellness Centers and Client-Run Centers target their services toward:</p> <ul style="list-style-type: none"> <li>• Adults with a serious mental illness, with primary emphasis on ages 26-59 who are in advanced stages of recovery.</li> <li>• Mental health clients who, due to their level of recovery, are ready for and desire self-directed care.</li> <li>• Emphasis will be placed on developing Centers for unserved and/or underserved ethnic minority populations and in geographic areas where client-run services are not proportionate to the need.</li> </ul>																		
<b>Funding Available</b>	<table border="1" style="width: 100%; border-collapse: collapse; margin-bottom: 10px;"> <thead> <tr> <th colspan="3" style="text-align: center; background-color: #e0e0e0;">Wellness Center</th> </tr> <tr> <th style="width: 33%;">Fiscal Year 2006-2007</th> <th style="width: 33%;">Fiscal Year 2007-2008</th> <th style="width: 33%;">Total Funding</th> </tr> </thead> <tbody> <tr> <td style="text-align: center;">\$2.434 million</td> <td style="text-align: center;">\$2.434 million</td> <td style="text-align: center;">\$4.868 million</td> </tr> </tbody> </table> <table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th colspan="3" style="text-align: center; background-color: #e0e0e0;">Client-Run Center</th> </tr> <tr> <th style="width: 33%;">Fiscal Year 2006-2007</th> <th style="width: 33%;">Fiscal Year 2007-2008</th> <th style="width: 33%;">Total Funding</th> </tr> </thead> <tbody> <tr> <td style="text-align: center;">\$2.886 million</td> <td style="text-align: center;">\$2.886 million</td> <td style="text-align: center;">\$5.772 million</td> </tr> </tbody> </table>	Wellness Center			Fiscal Year 2006-2007	Fiscal Year 2007-2008	Total Funding	\$2.434 million	\$2.434 million	\$4.868 million	Client-Run Center			Fiscal Year 2006-2007	Fiscal Year 2007-2008	Total Funding	\$2.886 million	\$2.886 million	\$5.772 million
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**Services to be Provided**

The following services will be provided to adults at Wellness Centers:

1. Medication Evaluation and Support
2. Physical Health Screening Interface and Referrals
3. Self Help and Peer Support Services
4. Healthy Living Activities
5. Stage-Based Services and Support for Clients with Co-Occurring Disorders
6. Access to Physical Health Care
7. Linkage to Employment Services, Transportation Services, Housing Services, Education Opportunities, and Mental Health Services
8. Crisis Management
9. Coordination of Services with Service Area Administrative Supports
10. Culturally and Linguistically Appropriate Services
11. Community Partnerships
12. Community Engagement/Siting Strategies

The following services will be provided to adults at Client-Run Centers:

1. Self Help and Peer Support Services
2. Healthy Living Activities
3. Recovery-Oriented Peer Support Services for Clients with Histories Of Co-Occurring Substance Use and Mental Health Disorders
4. Linkage to Employment Services, Transportation Services, Housing Services, Education Opportunities, and Mental Health Services
5. Crisis Management
6. Coordination of Services with Service Area Administrative Supports
7. Culturally and Linguistically Appropriate Services
8. Community Partnerships
9. Community Engagement/Siting Strategies

**Service Areas**

Based on the following funding allocations per Fiscal Year per Service Area:

Service Area	Wellness Center Allocation	Client-Run Center Allocation
1	\$ 0	\$ 300,000
2	\$ 419,000	\$ 650,000
3	\$ 800,000	\$ 400,000
4	\$ 0	\$ 361,000
5	\$ 0	\$ 375,000
6	\$ 815,000	\$ 0
7	\$ 0	\$ 800,000
8	\$ 400,000	\$ 0
Total	\$2,434,000	\$2,886,000

**Date RFS Released**

September 22, 2006